

Trinity Episcopal Cathedral

March 2020

Volume 16 — Issue 3

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THE PEOPLE OF TRINITY.



Trinity Times

"Our mission is to welcome all people to know and live as Christ in the world"

From the Dean's Pen ...

Dear Friends and Family of Trinity Cathedral,

Grace and Peace to you from our Lord and Savior Jesus Christ. Amen.

I want to speak briefly of two items in relationship to *almsgiving* as a discipline of self-sacrifice during Lent —the Capital Campaign and The Lenten Dean's Challenge



First, Our "Faith Like a River" Capital Campaign continues it's initial appeal encouraging our membership to make a pledge over a five year period, to support the expansion for our growing ministries. With a goal of \$7 Million we launched the program with just over \$6 Million already pledged! We are now at \$6.2 Million and continue to thank God for all of you for your gracious generosity. We still have a long way to go and strive to have 100% participation from our membership as we have from our Vestry and Campaign leaders. No matter how big or small the gift, you are making an investment for future generations to carry out the work of our Lord in this city and for our diocese.

(Of the three forms of giving in the Episcopal tradition, a **Capital Campaign** is an appeal that occurs *once a decade or two*. It involves sacrificial giving *over and beyond* the annual pledge for the purpose of capital improvements to the buildings or campus because of deterioration, needed improvements, or expansion. This type of giving usually comes from assets beyond weekly income, like savings, trusts, or investments dividends.)

Second, again this year with Lent, we will have an appeal for **"Food for the Poor"** with a special offering for housing. The appeal called our **"Dean's Challenge"** for the 40 days of Lent has a matching gift of up to \$100,000. I am delighted that we contributed just over \$2,000 last year! There are special coin boxes available at the entrance tables for this, especially for the children to use. This funding meets housing needs for the less fortune in the Caribbean islands, and central America. (If contributing with a check, please make it out to "Trinity Cathedral," and in the Memo line put "Food for the Poor.") I thank you all in advance for this prayerful consideration and sacrifice with the disciplines of our Lenten Season.

With blessings for a Holy Lent,

Father William+

Want to know more about the Renovation Project? We will be hosting two Forum Sunday meetings during Lent after the 11:00 am service to share the design proposals. Please reserve either of these dates: March 8th & 22nd at 12:30 PM in the Parish Hall. A spaghetti dinner will be served. Please sign up or call the office.

Lent at Trinity

Lenten

Retreat

Weekday Services throughout Lent

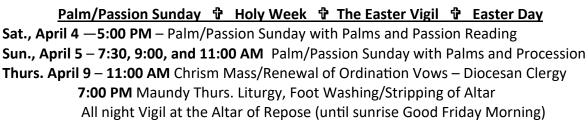
Monday–Thursday at 7:30 AM — Morning Prayer (Bishop Lewis Chapel) Fridays at 7:30 AM — Stations of the Cross

Tuesdays at 12:00 Noon — Centering Prayer in the Church Library

Wednesday evening Lenten Worship & Study Programs

aizé

- 5:00 PM Taizé Worship Service
- 5:30 PM— Soup Supper
- 6:00 PM Evening Classes:
 - *Episcopal 101* facilitated by Fr. William
 - A Spiritual Journey facilitated by Rev. Rick
 - <u>Sat., Mar. 14 Lenten Retreat, 9:00 AM –12:00 PM</u>



Fri., April 10 – Noon Meditations on the Last 7 Words
1:00 PM Noon Stations of the Cross
2:00 PM Veneration of the Cross
4:00 PM City Stations of the Cross with first person Narrations
Sat., April 11, 6:30 PM – The Great Vigil of Easter with Baptisms
Sun., April 12, 7:30, 9:00, & 11:00 AM – Celebration of the Resurrection of Our Lord



SUNIAY

The Church is Open for Prayer! 12:30–2:00 PM — FRIDAYS IN LENT



During Lent, come by and enjoy the peace of the Lenten season. Our doors will be open Fridays from 12:30–2:00 PM for our members and the general public to come in for prayer. To make this happen, we need a couple volunteers each Friday in Lent. If you are willing to simply welcome people for an hour-and-a-half, please sign up in the back of the Church. If you have any questions, please contact Rev. Rick at REVRICK@TRINITYRENO.ORG or call our office at 775-329-4279.

Lenten Retreat — Sat., Mar. 14, 9:00 AM – 12:00 PM! "Walking to Easter: Who We Are"

"Within each of us, there is a silence. A silence as vast as the universe. And when we experience that silence, we remember who we are." – Gunila Norris Explore the centering peace of Lent through prayer, art, the labyrinth, and walking along the river. Cost is \$10.00 to cover materials and lunch (paid the day of the retreat.) **Sign up in the back of the church!** Questions? Contact Rev. Rick. (<u>REVRICK@TRINITYRENO.ORG</u>)





Praver

Pastoral Care | Volunteer



Lent: It's the most wonderful time of the year! THE REV. CANON RICK MILLSAP,

Associate Priest for Pastoral Care & Parish Life

People think I am joking when I say I think Lent is the most wonderful time of the year in the Church calendar. "But what about Christmas?!" they always respond. Yes, I love Baby Jesus as much as the next Christian. I delight in getting up my Christmas lights right after Thanksgiving,

and nothing beats Christmas Eve at Trinity. By the time New Year's is here ,however, I must admit I am really tired of all the decorations and clutter and social engagements and busyness, and I desperately look forward to returning to quiet and minimalism.

At about the same time a surprising patina of green growth begins to tint the brown hills surrounding Reno, Lent descends on us with quiet. It hushes all the chattering worries in my head and calls me back to what is really important in life. It begins with Ash Wednesday that falls on February 26 this year. One of the burdens I carry after being here twenty-four years is there is not a pew in the Church where I can't remember someone I cared about who is gone. The night of Ash Wednesday is sometimes the hardest for me. I look out at the faces of you, the people I love, and see the sign of your mortality etched in black ash on your foreheads... and I know you see it on mine.



Lent really is a time for letting go of all burdens pressing down on us.

Isaiah 58 says, "Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?" Free of the distractions of other seasons, we enter the quiet of Lent and find the peace of letting go. Lent is a time to dream; a time to release everything holding us back from becoming the person God dreams we can become. There could not be a more wonderful time of the year.

Trinity is helping the Homeless in March!

Every day more of our Trinity families and neighbors find their backs up against the wall. Rent is skyrocketing. Thousands are stuck in weekly motels. Homelessness is on the rise. The status quo is literally killing people. While feeding the poor is something we do regularly at Trinity Home Means Nevada Campaign TACKLING THE ROOTS OF HOMELESSNESS

Cathedral, we need to do more to reach the roots of homelessness in our community.

Here are some things you can do this winter to be part of the solution:

- Sign up at our website TRINITYRENO.ORG to be on our "Home Means Nevada" mailing List (Under "Outreach" tab) so you will be up-to-date about actions you can take.
- In the winter months, we volunteer to staff the overflow shelter for two hours in the morning or two hours in the evening. We have already picked our assigned days, but if you would like to join us, please E-mail Rev. Rick at REVRICK@TRINITYRENO.ORG or call him at the office 775-329-4279, x12. March is the last month we will be staffing the overflow shelter.

If you have any questions, please contact Rev. Rick at REVRICK@TRINITYRENO.ORG or call him at the office 775-329-4279, x12.

Spiritual Education



Episcopal 101 Wednesdays in Lent, Mar. 4–Apr. 22 FACILITATED BY FR. WILLIAM

New to the Episcopal Church? Planning to be married? Wishing for a baptism? Want to have your child baptized? Looking to become an Episcopalian? Want to be a member of Trinity? Want to review what the Episcopal Church believes and teaches? Or perhaps you are or want to be a Eucharistic Visitor bringing Communion to home-bound or sick members. From life-long Episcopalians who want a refresher course to the person new to Christianity or the Episcopal Church, this is a class for you!



A Spiritual Journey Wednesdays in Lent, Mar. 4–Apr. 1 FACILITATED BY REV. RICK

This study to assist us to deepen our walk with Christ. Participants are invited to view their lives as a spiritual journey. We do not travel alone, however. We are joined by companions along the way. As together we begin this journey, we are also assured that Christ is in our midst. How do we encounter God, made known to us through Jesus Christ, in our day-to-day lives? How can we increase our awareness of God's presence among us? Those are the primary questions we will attempt to address along the way.

Weekly Bible Study Every Friday at 11:00 AM!

— Led by Rev. Rick —

Looking for a casual Bible Study to enrich your spirituality this fall? Rev. Rick facilitates an open Bible study Fridays at 11:00 AM every week. There is no preparation and no homework. Each week, we will be reading the Gospel for the coming Sunday and

sharing our thoughts about it in a relaxed table discussion. Feel free to drop-in when you are able to on Fridays, before coming to our Pipes on the River concerts (we end around 11:45 AM), or make it part of your weekly devotional. *There will be no class on Good Friday, Apr. 10.* We meet in Conference Room "A" on the lower level of the Parish Hall (*no stairs, yay*!)



The Adult Forum — 9:45 AM every Sunday Fortune Cookie Lent!

Through the month of March, Rev. Rick will be facilitating a class called Fortune Cookie Lent! Every week, participants will choose a Lenten Fortune which will give them their Lenten discipline for the week. For example, you might get a fortune that says, "Give to the poor." In the coming week you might collect food for donation, or send a check to the Food Bank, or offer to help

serve meals at St. Vincent's Diner, or go through your old clothes for donation. The following Sunday, we will gather and share what we did with our fortune for the week, and then pick a new fortune cookie!

The Adult Forum meets in the Bishop Lewis Chapel every Sunday during the school year at 9:45 AM following the 9:00 AM liturgy. Stay after for it if you attend the 9:00 AM service; come early for the forum if you attend the 11:00 AM service!

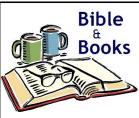


5:30 PM — Soup Supper followed by Classes at 6:00 PN

Wednesday Lenten Schedule: 5:00 PM — Taizé Worsl



Bibles & Books, Holy Communion & Germs



Bible & Books in March!

Lent begins with Ash Wednesday on Feb. 26. On Mar. 1, the first Sunday of Lent, we will begin a new book *Pond. River. Ocean. Rain: Find Peace in the Storms of Life* by Charles Lattimore Howard. From Amazon: "For those who seek to find new depths in their

spiritual lives, Pond River Ocean Rain helps readers wade into the beautiful water that is God through stories, questions, and accessible illustrations." Copies were available in the back of the Church as of February 23 for \$8.00. On Amazon, new copies are available for \$11.46, Kindle versions are \$9.99, and used copies are available from \$13.61 (yeah, used copies are more expensive than new ones!)



Bible & Books meets every Sunday at 9:00 AM in Conference Room A downstairs in the Parish Hall across the parking lot from the Church.) Join us for coffee or tea and great conversation!



Concerns about Germs and Holy Communion

It seems that annually, as we experience the influenza season (and now the coronavirus of international awareness), questions surface about how we receive Holy Communion and hygiene. May I assure you that through history the Church has never had a recorded incident of one becoming seriously ill from the chalice. The Center for Disease Control in Atlanta also has confirmed this and states that a chalice with a gold lining has an interaction with wine that resembles an antiseptic. Alcohol and the alloys of the metal interact in this manner. This, however, doesn't mean that we should not be mindful of taking precautions whenever we are involved with germs and the consumption of food and drink, no

matter what the situation may be.

In our bulletin over the past few weeks we have been publishing the fact that we are aware of people's concerns with the potential of passing germs. It was of importance to make the membership aware that the clergy and Eucharistic ministers at the altar are using hand sanitizers just prior to stepping out to serving the bread and wine. What is of importance to realize is that it is the hands that transmits the most germs. That is why we are not encouraging individuals to "intinct" (dip) the host into the wine with their own hands, but rather to retain the host and allow the Eucharistic minister to do so. This is minimizing having too many fingers getting into the chalice. (There is also information from the medical community that highly discourages individuals with long fingernails and artificial nails from serving food. The underside of nails are natural depositories for germs to hide and reside.) For years there have been recommended ways to wash hands, and there is now a technique offered with the use of sanitizers. Such procedures are being taught to our Eucharistic ministers to maximize our efforts to be cautious and safe.

Please also be aware that at the entry tables of the church, as well as at the table near the font, there are pump bottles of hand sanitizer for your use. If you have other concerns or questions, please speak with Father William.

Children, Youth & Families

What is Christ asking us to let go of (or take on) this Lenten season?

For me, Lent is about examining the parts of my life that have become so rote that I can no longer answer what purpose certain habits serve, nor what joy such tendencies enable. I'm not saying you have to 'Marie Kondo' your daily practices or spiritual life, but maybe this season could be about questioning the presumed, experimenting with alternatives, and ultimately: simplifying. It's very human of us to complicate any situation... especially when such complications prevent us from confronting the ultimate question of "what is enough"? I suspect that if you spend any time exploring this question, you'll find that you already

have "enough". Lent is for discovering it.

Your sister in Christ.



Mikayla+

Art, Music, & Godly Play

As we enter a new season in the Church, our Godly Play lessons get more complicated and begin building upon one another.



03/01 — The Greatest Parable, pt. 1 03/08 — The Greatest Parable, pt. 2 03/15 — The Greatest Parable, pt. 3 03/22 — The Faces of Easter, pts. 1-4 03/29 — The Faces of Easter, pts. 5-7

Holy Moly

3.01 intro to lent 3.08 palm sunday **3.15** maundy thursday **3.22** good friday 3.29 easter day

This class is intended for 3rd-5th graders.

-EYC-

Episcopal Youth Community

March Agenda:

- 3/1— **PRAY** Together at the 11 o'clock service, followed by a movie/discussion on Sherlock
- 3/8— **CREATE** Lenten craft
- 3/15— **SERVE** Pre-Easter fundraiser
- 3/22— **GROW** Learning about our neighbor's ministries
- 3/29- CREATE Holy Week art

Join us after 11am worship in the Youth Room for food, fun, and fellowship. Goes 'til 2:30pm.

Intended for youth in grades 6-12

COMING UP...

AT THE 9AM SERVICE IN MARCH

Sun. March 1— Jesus goes into the desert, where he lives for forty days and nights. While out there, he is tempted by the evil one.

- Sun., March 8— Nicodemus, one of the smartest people in Jerusalem, can't figure out how we can die but still live forever. Jesus has to explain it again and again.
- Sun., March 15— A Samaritan woman meets Jesus at a well in the heat of the day. She dishes it out, unintimidated by Jesus. They go back and forth, and she leaves knowing God.
- **Sun., March 22** People are starting to get really frazzled—especially because apparently Jesus healed a blind man, and that threatens the people in power.
- Sun., March 29— Jesus' friend Lazarus dies. Jesus is filled with sadness and ends up making his greatest miracle yet!

Music & Concerts | Spiritual Offerings During Lent

Musician Search Committee Update

The Vestry created the Musician Search Committee at its July 22, 2019 meeting. The committee consists of two Vestry members (Howard Bennett and Jim Lamb, co-chairs); two members elected by the St. Cecilia Choir and approved by Vestry (Josette Dornoff and Margaret Zuccarini); and one member at-large appointed by Vestry (Barbara Small).

As of February 7, the committee has met sixteen times and devoted over 200 hours to the search process. The committee held its first meeting August 8 to begin planning the search process for an individual to organize and direct the music ministry of Trinity Cathedral. The first responsibility was to review current documents and job description to develop a revised job description that would incorporate the expectations of the Trinity Organist/ Choir Master. The new description was reviewed by the Vestry at its October 21 meeting. The music ministry is essential to the liturgy of our worship program and reaches beyond to the community. Because of its importance and the expectations included in the new description, the Vestry voted to maintain the position as full-time rather than create a part-time position.

Beginning November 1, the position was announced on several national websites. We received our first application on November 2. As of January 31 (the close for submissions), **we received 49 applications**! Numerous highly qualified musicians submitted their information making the committee's task challenging and exciting. Beginning in January the committee met four times to review the many applications already received. The committee met an additional four times in February to complete the initial final review of all applications. Each of the 49 resumes were closely vetted, and the committee has narrowed the list to 10 candidates. The next step involves personal contact with candidates to gain better knowledge of the philosophy and personality of potential final candidates. Ultimately, the committee will narrow the candidate list to five finalists.

The vetting process includes inviting finalists to Reno in March or April for interviews. The committee anticipates having a Trinity Cathedral Organist/Choir Master in place by June 2020.



PIPES ON THE RIVER

Pipes on the River organ recital series features regional and nationally known organists on the **1st and 3rd Fridays of the month at Noon.**

March 6th March 20th April 3rd David Hatt Richard Coulter David Hatt



Dean's Challenge for Lent

One of the major disciplines of Lent is to give alms, especially to the poor. As I have done over the past years since becoming your rector, I have challenged you to do a Lenten discipline to give to the "Food for the Poor" program, especially in support of their "40 Days of Change for Change." By doing something as simple as putting your pocket change aside each day over the 40 days of Lent, we can make a donation that will be matched up to \$100K. This appeal which will be complete on Easter, April 12th, is for the building of homes for destitute families in the Caribbean or Latin America.



Social & Support Groups

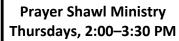
You are Not Alone

A support group to give comfort and support to people suffering with serious medical issues or chronic illness. **We will meet on Tuesday, March 17th at 4:00 PM,** in Conference Room A, downstairs in the Parish Hall, across the parking lot from the Church. Speak to Rev. Rick or write him at REVRICK@TRINITYRENO.ORG to be on our mailing list.



The Order of the Conductor Daughters He of the King

DOK Meet every **2nd Sunday** of the month from 12:00 -2:00 PM in Conference





We meet in Conference Room A in the Parish Hall to share ideas and to knit or crochet together. We train! New shawls are blessed each month and are available after worship. Please notify any member of the Clergy if you or a loved one needs a shawl.

Please remember to contact our office at 775-329-4279

or via e-mail at info@trinityreno.org and provide an updated address and or phone numbers. Only you can help us keep up to date records and a current church directory. Thank you!

Divinely Fine Women

The Divinely Fine Women

The Divinely Fine Woman meet monthly for a meal and a visit with no agenda.

Date: March. 7th Where: Napa Sonoma Plumbgate, 550 W Plumb Lane. Time: 11:30 AM

*RSVP to Liz at 775-287-9642 by March 1st



A Lot of Good Men

DATE: TIME: PLACE:	Saturday, Mar. 7th 8:00AM Breakfast Gold N' Silver (4th and Vine)		
DATE:	Friday, Mar. 20th		
TIME:	11:30AM -Lunch		
Place:	Santa Fe Hotel		
	235 Lake St.		
	(Free Parking		
	across the street.)		

BABY BUNDLES "Sharing Our Blessings with Others"

Baby Bundles is composed of and supported by members of Trinity and St. Catherine's Episcopal churches. We provide necessities for underprivileged newborns at St. Mary's and Renown hospitals. This month we would like especially to thank Ron and Stephanie Wolff, the Prayer Shawl Knitters, Helen Paganucci, Ellie, and Sue Cothren for their support.

This month we need boys and unisex hats. Also we need boys and girls sleepers, and boys and girls receiving blankets. Any help with these items would be greatly appreciated. Sizes 0-3 months are the most useful. We also gratefully accept monetary donations. If you have any questions please feel free to contact Susan Lombardi at 329-2044 or Ann Crase at 356-1155 God bless!

ST MARTHA'S ALTAR GUILD AND LINEN MINISTERIES

Have you ever considered joining the Trinity Cathedral Altar Guild? We are looking for new members at this time. The commitment is one weekend per month with an extra weekend once a year. It's impossible to describe the spiritual joy and fellowship we all experience. And gentlemen, this is not just for women. We also have men in our ranks. We would be more than happy to discuss Altar Guild membership with anyone interested. If you enjoy ironing, the linen ministry would be perfect for you. This commitment is also once per month. The linen is picked up early in the week. Then it's washed, ironed and returned before services the following weekend. Please feel free to contact any of us if you have any questions, Ann Crase 775-338-6376, Carol Roman 775-229-3884, Juliette Leneaux 775-247-7703, and Pat Ikehara 775-853-7706.

Parish Administration



Campbell, Cleta Dillard, Jim Lamb (Senior Warden) John Lilley, and Margaret Zuccarini.



Thank you for your on-going financial support!

February Vestry Summary

Our vestry meeting began with our dinner at 5:30 PM then the opening prayer, lighting of the candle and thanksgiving sharing. Father William led the **Bible Study** with an examination of the Transfiguration Story as we shared personal moments in our lives that gave us a deeper glimpse of God's presence. We had a quorum for the meeting and the Agenda was approved with the addition of items for the Dean's Report. Minutes from the past meeting and two special meetings were approved. We did not have a formal Finance Report since the transition from Shepherd's Staff to Realm has been made and the reconciliation of the records is almost complete. In general, our finances are in good shape. It was also reported that the 2020 Annual Campaign has seen 37 new pledgers, for a total of 220 pledging households. The FFA Committee reports that a final bid and contract are being worked on with Diana Construction for the renovation work. We are also working to engage a structural engineer to evaluate what needs to be done to protect our cathedral building when construction begins next door. The Capital **Campaign** reports that we are nearing \$6.2 Million of our \$7 Million goal. The Vestry voted to offer a Letter of Commitment to Dianda Construction for their work with both the cathedral and Parish Hall. We are nearing the process of beginning to pull permits with the city.

Ministry Reports: Lent is to begin and services are planned as well as weekday programs, especially a new members class. Bishop Jim will be with us for the Chrism Mass on Maundy Thursday morning with diocesan clergy for the service and luncheon. The Bishop will be with us for the Easter Vigil and then will be at the Piute Reservation for Easter morning. A handout was provided on the Bishop Search Process update as the Standing Committee and Search Committee are doing training and defining their work. **Property Committee** is calling for volunteers to assist with the transition to the Parish Hall that will take place after Easter Day. We will first need to inventory items to keep, remove, or place into storage. The committee will meet at least every other week as they organize this process. The **Parish Council** needs to meet to plan out the year long calendar of programs and events hosted by our various ministries. The Council will be led by co-chairs: Lynne Charlat, Lindsay Campbell and Terry Cain. A date for a meeting will soon be selected and advertised.

Father William and David Morgan are completing the **Parochial Report** which is due on March 1. Our figures show wonderful increases with membership and finances. **Our Vestry Retreat** on Saturday March 14th will involve strategic planning with internal ministries, focusing on empowering our laity for pastoral outreach ministries and supporting all Christian formation programming. The **Musician Search Committee** has narrowed down 49 applications to 10 that are being interviewed this week to narrow the selection down to 5.

Our next Vestry gathering will be **Monday, March 16th** at 5:30 PM for dinner and 6:00 PM meeting.

The endowment fund at the end of 2019 showed a balance of just over \$925,000,

not million O, O, as reported in February. We are within striking distance of our goal of having \$1,000,000, at which point all of the income from the endowment fund can be used in support of Trinity's missions. Consider helping the endowment fund reach our goal.

March 2020 Trinity Event Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 -7:30 AM Spoken Holy Communion -9:00AM Family Holy Communion 9:00 AM Bible & Books -11:00 AM Festive Holy -1:00 PM Sunday School	2 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -7:00 PM NGMC	3 -7:30 AM Morning Prayer -9:00 AM Clergy Staff Meeting -12:00 PM Centering Prayer -5:30 PM St. Ignatius Exercise Class	4 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -5:00 PM Taizé -6:00 PM Episcopal 101 -6:00 PM Spiritual Journey Class	5 -7:30 AM Morning Prayer -10:00 AM Baby Bundles -12:10 PM Holy Communion/Healing -2:00 PM Prayer Shawl -6:00 PM St. Cecilia Choir Rehearsal -6:30 COE Group	6 -7:30 AM Stations of the Cross -9:30 AM Sack Lunch -9:30 AM Fit & Strong -11:00 AM Weekly Bible Study -12:00 PM Pipes on the River	7 -8:00 AM ALOGM breakfast -11:30 AM D.F.W lunch -5:00 PM Spoken Eucharist
8 Daylight Savings Time -7:30 AM Spoken Holy Communion -9:00AM Family Holy Communion 9:00 AM Bible & Books -11:00 AM Festive Holy -12:00 D.O.K -12:30 PM Forum Potluck, Renovation -1:00 PM Sunday School	9 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -7:00 PM NGMC	10 -7:30 AM Morning Prayer -9:00 AM Staff Meeting -12:00 PM Centering Prayer -2:00 PM FFA -5:30 PM St. Ignatius Exercise Class	11 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -5:00 PM Taizé -6:00 PM Episcopal 101 -6:00 PM Spiritual Journey Class	12 -7:30 AM Morning Prayer -12:10 PM Holy Communion/Healing -2:00 PM Prayer Shawl -6:00 PM St. Cecilia Choir Rehearsal -6:30 COE Group	13 -7:30 AM Stations of the Cross -9:30 AM Sack Lunch -9:30 AM Fit & Strong -11:00 AM Weekly Bible Study	14 -9:00 AM Vestry Retreat (Glenbrook, NV) -9:00 AM Lenten Retreat -5:00 PM Spoken Eucharist and
15 -7:30 AM Spoken Holy Communion -9:00AM Family Holy Communion 9:00 AM Bible & Books -11:00 AM Festive Holy -12:30 PM Forum Potluck, Renovation -1:00 PM Sunday School	16 -7:30 AM Morning Prayer -9:00 AM Property Committee -9:30 AM Sack Lunch -9:30 AM Sit & Strong -5:00 PM Refugee Resettlement -5:30 PM Vestry dinner -6:00 PM Vestry meeting -7:00 PM NGMC	17 -7:30 AM Morning Prayer -9:00 AM Staff Meeting -12:00 PM Centering Prayer -4:00 PM You are Not Alone -5:30 PM St. Ignatius Exercise Class -6:30 PM Sound Therapy	18 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -5:00 PM Taizé -6:00 PM Episcopal 101 -6:00 PM Spiritual Journey Class	19 -7:30 AM Morning Prayer -12:10 PM Holy Communion -2:00 PM Prayer Shawl -6:00 PM St. Cecilia -6:30 PM COE Group	20 -7:30 AM Stations of the Cross -9:30 AM Sack Lunch -9:30 AM Fit & Strong -11:00 AM Weekly Bible Study -12:00 PM Pipes on the River	21 -11:30 AM ALOGM Lunch -5:00 PM Spoken Eucharist
22 -7:30 AM Spoken Holy Communion -9:00 AM Family Holy Communion -11:00 AM Festive Holy Communion -1:00 PM Sunday School	23 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -7:00 PM NGMC	24 -7:30 AM Morning Prayer -9:00 AM Staff Meeting -12:00 PM Centering Prayer -4:00 PM You are not Alone -5:30 PM St. Ignatius Exercise Class -6:30 PM Sound Therapy	25 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -5:00 PM Taizé -6:00 PM Episcopal 101 -6:00 PM Spiritual Journey Class	26 -7:30 AM Morning Prayer -12:10 PM Holy Communion/Healing -2:00 PM Prayer Shawl -6:00 PM St. Cecilia -6:30 PM COE Group	27 -7:30 AM Stations of the Cross -9:30 AM Sack Lunch -9:30 AM Fit & Strong -11:00 AM Weekly Bible Study	28 -5:00 PM Spoken Eucharist
29 -7:30 AM Spoken Holy Communion -9:00 AM Family Holy Communion -11:00 AM Festive Holy Communion -1:00 PM Sunday School	30 -7:30 AM Morning Prayer -9:30 AM Sack Lunch -9:30 AM Fit & Strong -7:00 PM NGMC	31 -7:30 AM Morning Prayer -9:00 AM Staff Meeting -12:00 PM Centering Prayer -5:30 PM St. Ignatius Exercise Class	SPRI	Forward on Marc	ARD	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1

Contributor to NPR? Consider donating your free air time to Trinity! One of the perks of supporting National Public Radio (locally, KUNR) besides helping to keep their great content on the air, is you get small snippets of free air time you can donate to your favorite non-profit. Trinity doesn't have much of an advertising budget, so this helps us to stay visible in the community throughout the year. [*Thank you to Cathy Bewster for this great idea!*]



March Welcome & Celebrations



If you are a regular parishioner at Trinity and have a chance to meet visitors at a weekend worship, please greet them warmly! Remember: We celebrate all birthdays, anniversaries, and other important dates on the last Sunday of the Month during worship with a special blessing.

Tony Albregts Glenn Bautista Howard Bennett Sandra Brooke E. Whitney Brown Conner Bryan Kiel Carbon Laurie Chappelle Rich Charlat Grace Cooper Cristee Davis Jill Dennison Aubrey Dixon Donna Jean Dunseath Heather Eaton Joel Edwards Nancy Fennell Judy Ford Barbara Goss



Pat Grundy **Carol Haydis** Anders Herzberg Jade Hickman **Brendan Hill** Michelle Hornbuckle Tayler Kottinger Deanna Krompetz Grace Krutz Loren Levy John Lilley **Emily Milliken** Shirley Myers Dave Neidert Mary Novello **Marcedes** Parsons Steve Peeck **Becky Riersgard** Frank Roberts Carol Roman

Sally Sapunor LaVonne Schouweiler John Seelmeyer Katja Sibitz Kathaleen Smith Connie Steinheimer Sara Stephenson Jacob Stone Megan Yepez







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Elizabeth Bedell Tod Brown & Rayann Pezonella-Brown Hal & Barbara Goss Mark & Ginny Lenz Ronald & Dotty Lienau Dave & Diane Mueh Jerry & Tamara Sternod

Ministers: All the People of Trinity

Bishop of Nevada: The Rt. Rev. Jim Waggoner, Assisting Bishop www.EpiscopalNevada.org

- Cathedral Dean: The Very Rev. Dr. William Stomski E-Mail: frwilliam@trinityReno.org
- Associate Priest: The Rev. Rick Millsap, Canon for Pastoral Care & Parish Life E-Mail: revrick@trinityreno.org
- Associate Priest: The Rev. Mikayla Dunfee, Canon for Education E-Mail: revmikayla@trinityreno.org
- Deacon: The Rev. Patsy Pumphrey

Administrative Assistant: Karla Valverde

Cathedral E-Mail: info@trinityreno.org

Sexton: Carmen Lopez

Vestry: Senior Warden: Junior Warden: Secretary: Clerk:

- Jim Lamb Lynne Charlat Terry Cain Kait Flocchini
- At large: Robert Andrade, Jeannie Arps, Howard Bennett, Lindsay Campbell, Cleta Dillard, Eloy Ituarte, John Lilley, Gretchen Wolfe, and Margaret Zuccarini.

Treasurer: David Morgan

Chancellor: Kait Flocchini

Assisting on Sundays:

The Revs. Ruth Hanusa and Julius Rogina



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Phone: 775-329-4279 Fax: 775-329-3135 E-mail: Info@TrinityReno.org Website: TrinityReno.org Find us on Facebook	"Our mission is to welcome all people to know and live as Christ in the world." WORSHIP AT TRINITY ALL ARE WELCOME AT GOD'S TABLE! Saturdays: 5:00 PM — Spoken Holy Eucharist (Rite II) Sundays: 7:30 AM — Spoken Holy Eucharist (Rite I) 9:00 AM — Children's Eucharist with Parents and Adults 9:45 AM — Education Classes—Children and Adults 11:00 AM — Choral Family Eucharist (Rite II) 1:00 PM — EYC (Youth Group) Thursdays: 12:10 PM Spoken Holy Eucharist with Prayers for Healing (Rite II)			
If you are submitting an article for publicat	NEWSLETTER GUIDELINES			

If you are submitting an article for publication in our next newsletter, please submit **on or before the 10th of each month.** Articles may be submitted via e-mail to: **INFO@TRINITYRENO.ORG** or left in the parish office. We reserve the right to edit all articles.